

## Meditation 14

### **GOD IS SO GOOD . . . HE GIVES ME INTELLIGENCE**

**“Wise men store up knowledge” (Proverbs 10:14).**

The Bible says that we praise God because we are wonderfully made. How true that is when we consider the tremendous blessing God gave us in the brain. That single organ located between our ears weighs only three pounds, yet it is one of the most fantastic miracles of God’s creation. The brain works non-stop during the day and throughout the night, giving direction to our bodies, responding to direct signals, giving us intelligent thoughts and ideas, and storing vast amounts of memories.

Our brains are divided into several parts, each with a very special job. The right half of the brain controls the left half of the body, and the left side of the brain controls the right half. Our bodies are filled with millions of neurons that send tiny electrical messages to the brain. Then the brain reacts to the sensation and immediately replies to the message. For instance, if you accidentally pick up a hot plate, your fingers send a message to your brain. There your brain senses that the plate is dangerous and quickly returns a message to your fingers telling them to immediately put down the plate. Those messages travel at over 150 miles an hour. Our brains not only respond to special signals, but they also work while we aren’t even aware of it. Did you know that our brains must tell our hearts to beat every single beat? Did you know our brains must tell our eyes when to move to the right or to the left, how to focus, and when we must blink? Our brains must be used to control every movement of our bodies, every second of the day. Is it any wonder that God designed our bodies to protect our precious brains by letting them float in a special liquid kept inside the protective bones of the skull?

But that’s not all. Our brains also have the ability to remember things. They can store millions of bits of information and recall them whenever we need them. Did you know that it is possible for a 6 year old to remember about 10,000 words? Because of the ability to remember things, we might think of our brains as super computers. And not only can the brain remember and store things, but it can also learn. No doubt there was a time you weren’t able to ride a two-wheeled bicycle, play a song on a piano, or write cursive letters. But as you practiced, little by little you improved, and your brain continued to adjust and add information helping you remember how to do those things. Now you can ride the bicycle and write a letter in cursive without even thinking about what you are doing.

The Bible tells us that our brains did not come about by accident. Our marvelous brains needed someone to design them, someone who had limitless knowledge. Psalm 139:14 says, “I praise you because I am fearfully and wonderfully made.” God blesses us with knowledge and the ability to think and to learn. We can agree with the psalm writer who said, “Teach me knowledge and good judgment, for I believe in your command” (Psalm 119:66). And Solomon wrote, “When a wise man is instructed, he gets knowledge” (Proverbs 21:11) and again, “Wise men store up knowledge” (Proverbs 10:14).

We must be constantly trying to fill our minds with good things, things that give glory to God and then we must use that knowledge to teach others about the love of God. For what greater good can we use our minds, than to remember God’s faithfulness and to share that with our friends? Let us go about our daily work today making good use of our brains by adding new facts and information, remembering the many things we were taught, and acknowledging how wonderful and majestic our God is. Then, let us ask God to help us use our intelligence for his work, and for his service.