

# ANGER

Definition: A feeling of extreme rage

## SEARCH IT OUT:

Psalms 37:8 To what does anger only lead?

Colossians 3:8 What should we do with anger?

Proverbs 15:1 What kind of words stir up anger?

Proverbs 22:24, 25 Why should we not associate with those easily angered?

Proverbs 14:29 What type of person is to be preferred? Why?

## WHAT THIS SAYS TO ME:

**SEE IT HAPPEN:** The anger of Cain leads to terrible things. (Genesis 4)

**NOW YOU KNOW:** Why did Nehemiah pull out the men's hair?  
(Nehemiah 13:23-25)

**WORK WITH IT:** Mention two times in the past few days when you should have better controlled your anger.

- 1.
- 2.

A TIME TO SEARCH



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